



## UKCC First Aid Guidelines

To successfully achieve the UKCC Level 2 Coach qualification (or higher) you must obtain valid First Aid and Safeguarding certificates. This document contains guidance in regards to achieving the correct award for both pre-requisites.

There are 2 methods that you can achieve your First Aid qualification through that England Netball accept:

- Awards delivered by nationally endorsed and recognized voluntary organisations, such as The British Red Cross and St John's Ambulance (these awards must be First Aid at Work);
- Vocational awards which are on the OFQUAL framework or are delivered by regulated awarding organisations. The accepted list can be found here: <https://register.ofqual.gov.uk/> and searching "First Aid at Work"

### First Aid Guidelines

England Netball advises that the most suitable certificates are the First Aid at Work (FAW) or the Emergency First Aid at Work (EFAW) courses, at Level 3 standard. These need to be delivered on a face-to-face basis, for a minimum of 6 hours and include the below listed components. The course must be current at the date of certification (i.e. achieved within the last 3 years).

On completion of First Aid training, successful candidates should be able to:

- Understand the role of the first-aider, including reference to:
  - the importance of preventing cross-infection;
  - the need for recording incidents and actions;
  - use of available equipment;
  - assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
  - administer first aid to a casualty who is unconscious (including seizure);
  - administer cardiopulmonary resuscitation;
  - administer first aid to a casualty who is choking;
  - administer first aid to a casualty who is wounded and bleeding;
  - administer first aid to a casualty who is suffering from shock;
  - provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).

Certificates **must** contain the following information to be accepted:

- Training Organisation name;
- Title of the Qualification (e.g. FAW or EFAW);
- Reference to the Health and Safety (First Aid) Regulations 1981;
- Date Of Issue;
- Confirmation that the certificate is valid for three years;

Training providers of acceptable First Aid qualifications include St. Johns Ambulance and the British Red Cross, and we recommend you contacting your County Sport Partnership for more information. If you have completed a 'Refresher' course for your First Aid certificate, please be advised that the refresher certificate alone does not constitute an acceptable piece of evidence. In this instance, your **original** First Aid certificate should be submitted, alongside all consequent refresher courses.

The following awards are not deemed acceptable for the UKCC Level 2 and 3. Please note that this list is not exhaustive, and if you are unsure if an award you intend to complete meets the requirements detailed in this document, please contact the Education and Training Officer:

- First Aid for Teachers
- Paediatric First Aid
- Adrenaline Auto-Injection Training
- Anaphylaxis Training
- Defibrillator Training
- Emergency Aid



## UKCC Safeguarding Guidelines

### Safeguarding Guidelines

As with the First Aid certificates, England Netball do not accept certificates completed online, and Safeguarding certificates must be gained from providers that deliver face-to-face workshops. The certificate we most specifically endorse is the UK Coaching workshop, Safeguarding and Protecting Children. Details of courses and how to book can be found on their website.

If you have completed the UK Coaching workshop detailed above, and have completed the online refresher required after three years of gaining the original certificate, please be advised that you must present **both** the original certificate **and** the consequent refresher certificate. This is the **only** time we will accept a certificate for a course completed online – this is because the original course was attended on a face-to-face basis, and the refresher is only delivered online by UK Coaching.

The Safeguarding for Young Volunteers (+13) delivered by UK Coaching is **not** suitable – you must be 18 years or above to attend the UKCC Level 2, and therefore this certificate does not apply to candidates of this course level.

We **do** accept the NSPCC award, Time to Listen, as this is a wider qualification, which covers in greater details, how to safeguard children.

If you received CPD or training as part of your employment (e.g. you are a teacher, police officer, or nurse), we can **consider** letters of reference from your employer detailing the relevant training you have received. These letters should contain the following details:

- Be on paper letter-headed by your employer;
- Current date;
- Times, dates and titles of training received;
- Confirmation of total guided learning hours;
- Confirmation that these courses were delivered on a face-to-face basis;
- A brief overview of the content of each course completed.

Letters that do not follow this format will not be considered as evidence, and it will be requested that they are amended to contain the relevant details.

If you are unsure if an award you intend to complete meets the requirements detailed in this document, please contact the Education and Training Officer.

**Please note:** England Netball will not accept liability nor reimburse costs for learners undertaking courses that do not meet the requirements outlined in this document. Learners will not be certificated until the correct evidence is provided to the Education and Training Officer, or uploaded via the OneFile system, where their portfolios are completed. All certificates must be in date **at the time of certification** to be accepted.